



Department of History, Arts and
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LEGISLATIVE AND STATE EMPLOYEE SERVICES NEWSLETTER WINTER 2005 YOUR LINK TO HEALTH

<http://michigan.gov/lmtimelytopics>

Obesity, prescription drug costs, environmental toxins – these and other health concerns are often in the headlines of our local and national media. The resources highlighted below address a variety of these issues.

MICHIGAN FAST FACTS

Estimated Number of Persons in Michigan in 2002 Diagnosed with Diabetes (Rate per 100)

Female	312,800	(8.0%)
Male	276,900	(7.5%)
White	450,100	(7.1%)
African American	112,300	(11.4%)
Total	590,000	(7.8%)

Diabetes Costs

In 2002, estimated expenditures for diabetes-related medical care in Michigan exceeded \$4.7 billion with an additional \$5.7 billion a year in lost productivity due to premature death, disability and illness.

From: *Diabetes in Michigan*.

http://www.michigan.gov/documents/mifact_6829_7.pdf

Risk Factors for Diseases of the Heart

Michigan ranks 11th for cigarette smoking and 32nd for “no leisure activity”

From: *Diseases of the Heart in Michigan*.

http://www.mi.gov/documents/CVDdate_58806_7.pdf

Cardiovascular Disease (CVD)

CVD is the number one cause of death in Michigan and has been nationally every year since 1900, except 1918, the year of the flu epidemic.

Four out of ten deaths in Michigan are due to CVD.

Stroke deaths are not limited to older Michigan residents. In 2002, more Michigan residents under fifty years of age died of stroke than of AIDS.

From: *2004 CVD Fact Sheet*

http://www.mi.gov/documents/cvdfact03_78179_7.pdf

RESOURCES SPOTLIGHT

Annual Reports, Tables, and Regional Assessments from the *Behavioral Risk Factor Survey*.

<http://www.michigan.gov/mdch/0,1607,7-132--12702--R,00.html>

Asthma/EnviroFlash

<http://www.4cleanair.org/NewMexico/DeGuire.pdf>

Consumer Health

MedlinePlus, provided by the National Library of Medicine - <http://www.medlineplus.gov/>

Diabetes Outreach Network

<http://www.diabetesinmichigan.org/>



Fitness Fundamentals

<http://tms.ecol.net/fitness/fundhome.htm>



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